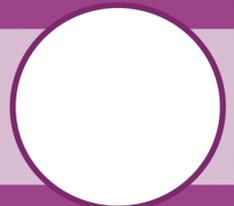


# Vocabulary Master

An excellent book for building and  
expanding vocabulary



# Syllabus - STD 2

## ➔ Formal Grammar

- The Sentence
- Phrase
- Subject and Predicate
- Nouns
- Nouns: Singular and Plural
- Nouns: Gender
- Pronouns
- Adjectives
- Verbs
- The Tense
- Adverbs
- Prepositions
- Conjunctions
- Interjections
- Punctuations
- Articles
- Confusing Words

## ➔ Functional Grammar

## ➔ Reading Comprehension

## ➔ Vocabulary

# Syllabus - STD 3

## ➔ Formal Grammar

- The Sentence
- Kinds of Sentences
- Phrase
- Subject and Predicate
- Nouns
- Nouns: Singular and Plural
- Nouns: Gender
- Pronouns
- Adjectives
- Adjectives: Degree of Comparison
- Verbs
- The Tense
- Adverbs
- Prepositions
- Conjunctions
- Interjections
- Punctuations
- Articles
- Homophones

## ➔ Functional Grammar

## ➔ Reading Comprehension

## ➔ Vocabulary

# Syllabus - STD 4

## ➔ Formal Grammar

- The Sentence
- Kinds of Sentences
- Phrase
- Subject and Predicate
- Nouns
- Nouns: Singular and Plural
- Nouns: Gender
- Pronouns
- Adjectives
- Adjectives: Degree of Comparison
- Verbs
- The Tense
- Adverbs
- Prepositions
- Conjunctions
- Interjections
- Punctuations
- Articles
- Homophones

## ➔ Functional Grammar

## ➔ Reading Comprehension

## ➔ Vocabulary

# Syllabus - STD 5

## ➔ Formal Grammar

- The Sentence
- Kinds of Sentences
- Subject and Predicate
- Phrase and Clause
- Nouns
- Nouns: Singular and Plural
- Nouns: Gender
- Pronouns
- Adjectives
- Adjectives: Degree of Comparison
- Verbs
- The Tense
- Adverbs
- Verbs: Modal Auxiliaries
- Prepositions
- Conjunctions
- Interjections
- Punctuation
- Articles
- Homophones
- Idioms and Phrases

## ➔ Functional Grammar

## ➔ Reading Comprehension

## ➔ Vocabulary

# Syllabus - STD 6

## ➔ Formal Grammar

- The Sentence and Its Kinds
- Phrase and Clause
- Nouns
- Nouns: Singular and Plural
- Nouns: Gender
- Pronouns
- Adjectives
- Adjectives: Degree of Comparison
- Verbs
- Adverbs
- Prepositions
- Conjunctions
- The Tense
- Verbs: Modal Auxiliaries Punctuations
- Direct and Indirect Speech
- Question Tag
- Idioms and Phrases

## ➔ Functional Grammar

## ➔ Reading Comprehension

## ➔ Vocabulary

# Syllabus - STD 7

## ➔ Formal Grammar

- Parts of Speech – Review
- Verbs and Its Kinds
- Verbs: Modal Auxiliaries
- The Tense
- Verbs: Voice
- Punctuation
- Direct and Indirect Speech
- Determiners and Articles
- More about Prepositions
- Question Tag
- Transformation of Sentences
- The Clauses and Its Kinds
- Kinds of Sentences – Simple, Compound, Complex
- Figures of Speech
- Idioms and Phrases

## ➔ Functional Grammar

## ➔ Reading Comprehension

## ➔ Vocabulary

# Syllabus - STD 8

## ➔ Formal Grammar

- Parts of Speech - Review
- Verbs and Its Kinds
- Verbs: Modal Auxiliaries
- The Tense
- Verbs: Voice
- Punctuation
- Direct and Indirect Speech
- Determiners and Articles
- More about Prepositions
- Question Tag
- Transformation of Sentences
- The Clauses and Its Kinds
- Synthesis – Simple, Compound, Complex
- Figures of Speech
- Idioms and Phrases
- Articles
- Homophones
- Homophones
- Idioms and Phrases
- Punctuations
- Articles

## ➔ Functional Grammar

## ➔ Reading Comprehension

## ➔ Vocabulary

# Syllabus - STD 9

## ➔ Formal Grammar

- Parts of Speech – Review
- Verbs and Its Kinds
- Verbs: Modal Auxiliaries
- The Tense
- Verbs: Voice
- Punctuation
- Direct and Indirect Speech
- Determiners and Articles
- More about Prepositions
- Question Tag
- Transformation of Sentences
- The Clauses and Its Kinds
- Synthesis – Simple, Compound, Complex
- Figures of Speech
- Idioms and Phrases
- Direct and Indirect Speech
- Question Tag
- Idioms and Phrases
- Conjunctions
- Interjections
- Punctuation
- Articles
- Homophones
- Idioms and Phrases

## ➔ Functional Grammar

## ➔ Reading Comprehension

## ➔ Vocabulary

**Std. 2 : Family / Home**

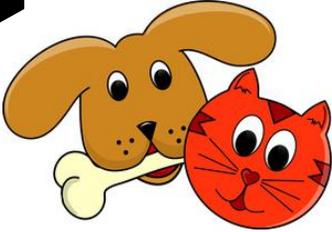
**Exercise 1: Who am I? Cross out the word in each line that does not describe you. Draw a picture of yourself in the box below: (Answers may vary)**

I am	A son 	A daughter 
I am	A sister 	A brother 
I am	A grandson 	A granddaughter 
I am	A nephew 	A niece 

**This is a picture of me.**

Exercise 2: Look at the picture clue and unscramble the words to write the correct word:

1



S P  
E T

○ ○ ○ ○

2



H M  
O E  
T R

○ ○ ○ ○ ○ ○

3



A I  
M  
F Y L

○ ○ ○ ○ ○ ○

4



S T I  
E R S

○ ○ ○ ○ ○ ○

5



O R  
R T B  
H E

○ ○ ○ ○ ○ ○ ○ ○

6



P N  
R A T  
E S

○ ○ ○ ○ ○ ○ ○ ○

**Exercise 3: Read each question carefully. Choose your answer from four options:**

1. A boy with same parents as someone else:
  - a. sister
  - b. brother
  - c. grandma
  - d. baby
  
2. This is an informal term for father:
  - a. mummy
  - b. daddy
  - c. grandma
  - d. grandpa
  
3. A girl who has the same parents as another person:
  - a. brother
  - b. family
  - c. baby
  - d. sister
  
4. The father of your mummy or daddy:
  - a. grandfather
  - b. grandmother
  - c. parents
  - d. brother
  
5. A very young child:
  - a. mummy
  - b. baby
  - c. pets
  - d. daddy

6. The mother of your mummy or daddy:

- a. grandmother
- b. grandfather
- c. sister
- d. family

7. Animals that live with us:

- a. brother
- b. parents
- c. pets
- d. baby

8. Parents and children:

- a. family
- b. grandpa
- c. sister
- d. daddy

9. This is an informal term for a mother:

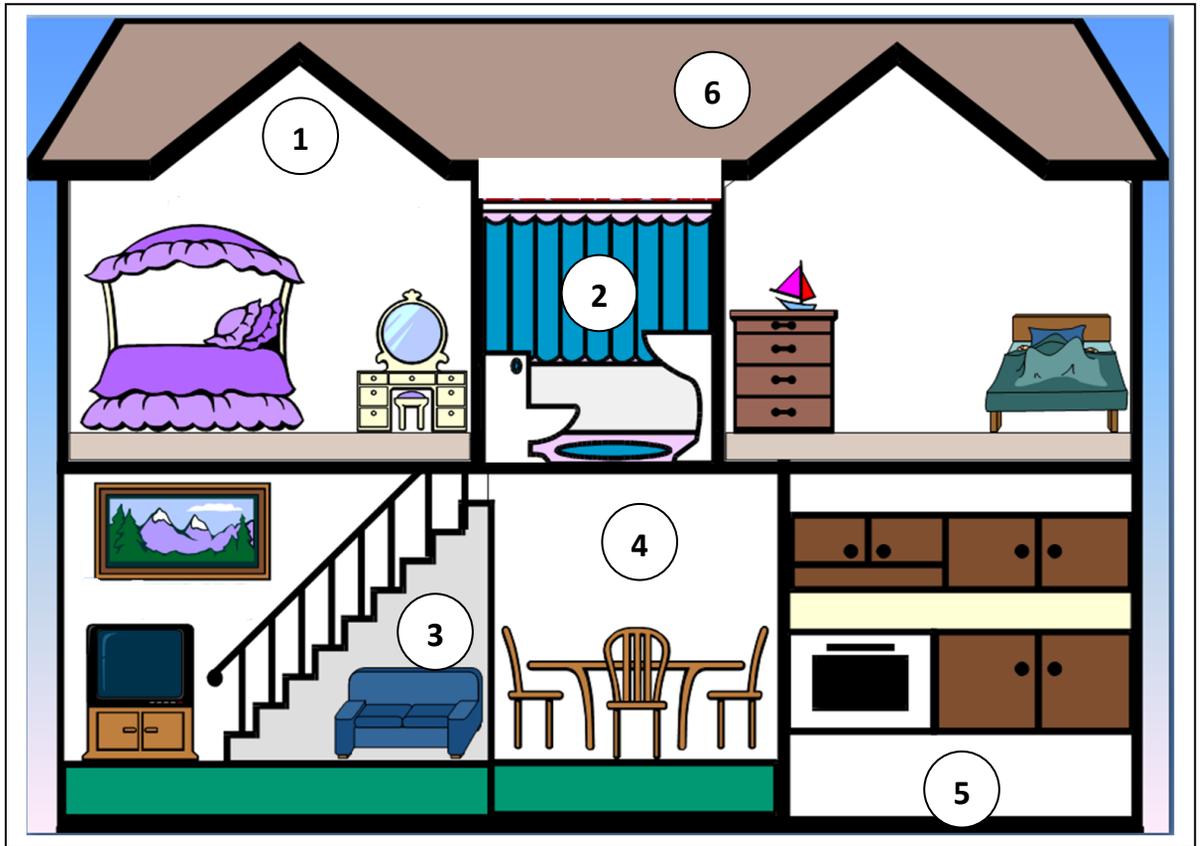
- a. grandma
- b. mummy
- c. parents
- d. pets

10. Mother and father:

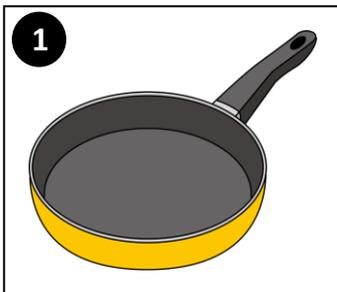
- a. brother
- b. baby
- c. parents
- d. pets

**Exercise 4: Home Sweet home! Match the parts of a house by writing the number next to the name:**

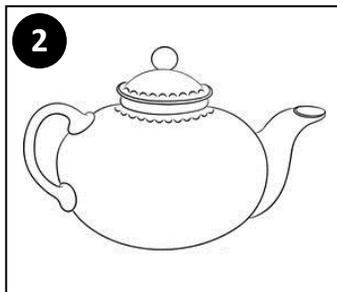
Living Room		Kitchen		Bathroom	
Dining Room		Bedroom		Roof	



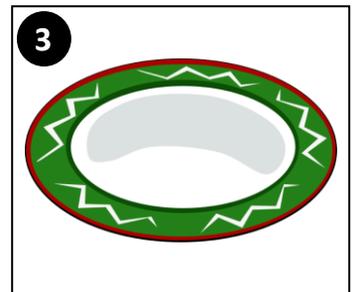
**Exercise 5: What do you see in your kitchen? Look at the pictures and fill in the gaps with the correct letters to complete the word:**



FR \_ \_ G P \_ N



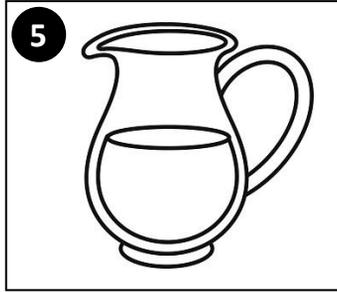
T \_ A P \_ \_



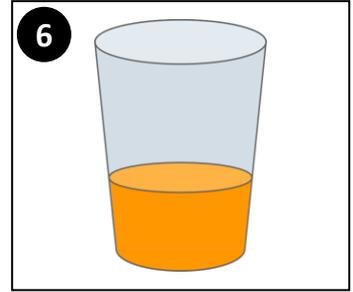
D \_ \_ H



B \_ \_ L



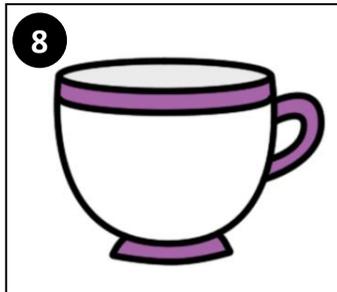
J \_ G



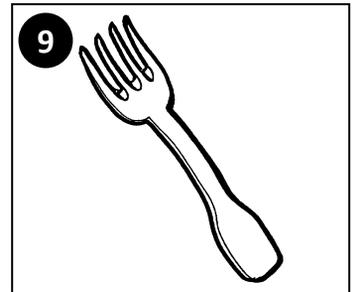
G \_ \_ S



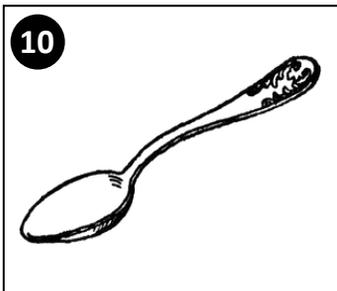
T \_ \_ Y



C \_ P



F \_ R \_



S \_ \_ ON



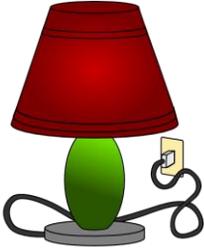
\_ NI \_ E

Exercise 6: What's in your living room? Find these words in the word puzzle. Label the pictures with the help of the word bank:

SOFA	TABLE	CLOCK	VASE
TELEVISION	LAMP	CARPET	CHAIR

T	W	K	Q	L	P	S	F	O	C
Y	E	X	C	E	M	Y	R	H	X
A	P	L	S	O	A	U	A	C	L
A	G	A	E	K	L	I	I	A	M
U	V	F	U	V	R	C	U	R	Y
E	L	B	A	T	I	U	J	P	L
A	O	A	P	L	C	S	P	E	X
Z	I	H	O	U	O	U	I	T	T
H	D	G	C	J	V	S	N	O	A
S	O	F	A	F	S	K	C	J	N

<div data-bbox="148 1379 219 1464" data-label="Text"> <p><b>1</b></p> </div> <div data-bbox="354 1398 545 1665" data-label="Image"> </div>	<div data-bbox="729 1379 801 1464" data-label="Text"> <p><b>2</b></p> </div> <div data-bbox="905 1437 1188 1646" data-label="Image"> </div>

<p>3</p> 	<p>4</p> 
<p>5</p> 	<p>6</p> 
<p>7</p> 	<p>8</p> 



**Std. 3 : Family / Friends / Education**

**Phrasal verbs**

**Phrase**

**Meaning**

To grow up

To become mature and adult

To look up to someone

To respect and admire someone

To bring someone up

To raise a child

To take after someone

To resemble in appearance or character

To get along with someone

To have a friendly relationship with someone

Fall out with someone

To have an argument

Fall behind

Make less progress than others

Catch up with

Improve and reach the same standard as other people

Hand out

Give something to each person in the group

Turn in

Give your finished work to teacher



**Exercise 1: Match words on the left to their descriptions on the right:**

**A**

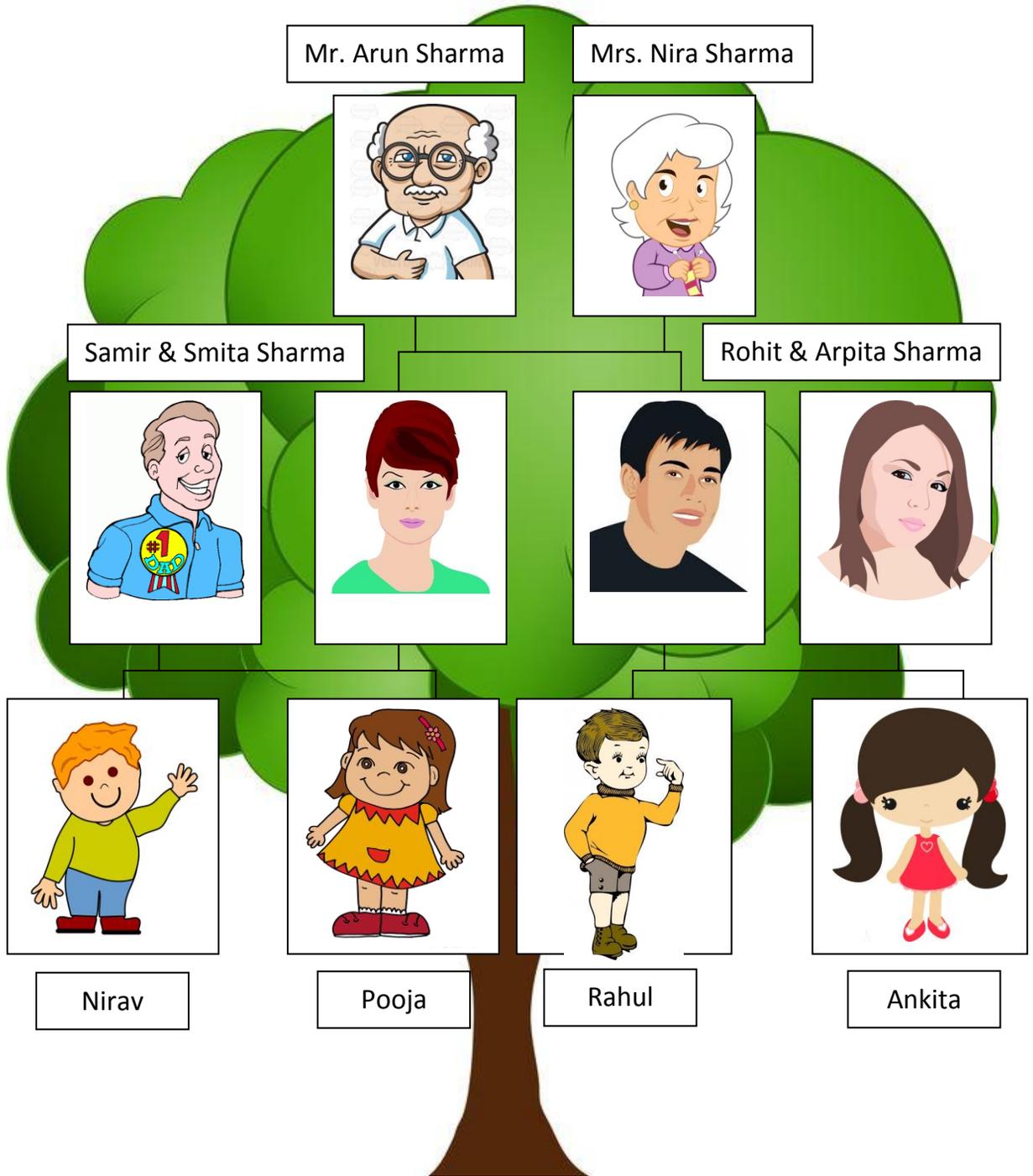
1. Uncle/Aunt
2. Husband/Wife
3. Grandfather/Grandmother
4. Nephew niece
5. Cousin
6. Neighbor
7. Grandson
8. Teenager

**B**

- a. Your parent's parents
- b. Your uncle/aunt's child
- c. Your parent's brother/sister
- d. People living in your immediate surrounding
- e. The man you marry/the woman you marry
- f. Your brother/sister's children
- g. A young boy or girl (aged between 13 and 19 years)
- h. Your son/daughter's son



Exercise 2: Look at the family tree below. Pretend that you are Nirav. Answer the questions below about your pretend family. Refer to the word bank provided:



1. What is my brother's name? \_\_\_\_\_.
2. Who is my father? \_\_\_\_\_.
3. What is my grandmother's name? \_\_\_\_\_.
4. My cousins are \_\_\_\_\_ and \_\_\_\_\_.
5. Who is my aunt? \_\_\_\_\_.
6. My mother's name is \_\_\_\_\_.
7. Mr Arun and Mrs. Nira Sharma are my \_\_\_\_\_.
8. Samir and Smita Sharma are my \_\_\_\_\_.
9. My uncle's name is \_\_\_\_\_.
10. Arpita Sharma is my \_\_\_\_\_.



**Exercise 3: Fill in the blanks with the correct word from the box. Use every word only once:**

friend, mate, know, helps, keeping, old, close, colleagues, child, make

1. He is a very \_\_\_\_\_ friend of mine. We have always done a lot of things together.
2. She is a \_\_\_\_\_ friend. I can discuss anything with her.
3. She finds it easy to \_\_\_\_\_ friends.
4. She seems really nice; I'd like to \_\_\_\_\_ her better.
5. I spoke to one of your \_\_\_\_\_, who told me you were in a meeting.
6. I've got a \_\_\_\_\_ who is a designer. He can help you with your wedding outfits.
7. My best \_\_\_\_\_ is Nisha. She and I play together every day.
8. That \_\_\_\_\_ is nine years old.



9. A good friend \_\_\_\_\_ you when you are in need.

10. I love my best friend because she is good at \_\_\_\_\_ secrets.

**Exercise 4: Choose the correct option and complete the sentence:**

1. I am 20 years old. I am a \_\_\_\_\_.

- a. young adult
- b. old person
- c. parent
- d. man



2. My sister is \_\_\_\_\_ to a great man.

- a. single
- b. married
- c. husband
- d. parent



3. My parents are 25 years old. They are \_\_\_\_\_.

- a. young
- b. old
- c. children
- d. grandparents



4. I love my \_\_\_\_\_ Leena, my sister's daughter.

- a. nephew
- b. niece
- c. cousin
- d. daughter

5. Vivaan is my youngest \_\_\_\_\_ . He is my brother's son.

- a. cousin
- b. brother
- c. nephew
- d. son



6. I want to know all the members names of my \_\_\_\_\_ .

- a. friends
- b. family
- c. neighbor
- d. marriage



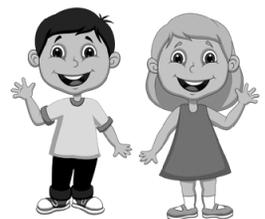
7. I am not married, I am \_\_\_\_\_ .

- a. an aunt
- b. a wife
- c. family
- d. single



8. My uncle's children are my \_\_\_\_\_ .

- a. parents
- b. aunt
- c. cousins
- d. sisters



9. I have a \_\_\_\_\_ brother. He is just 2 years old.

- a. close
- b. baby
- c. family
- d. child



10. My mother married my \_\_\_\_\_ 10 years ago. We are a happy family.

- a. parents
- b. wife
- c. surname
- d. father



**Std. 4 : People/Jobs/Occupation**

**Adjectives used to describe character of people**

Lazy	Clumsy	Cheerful
Grumpy	Absent-minded	Loud
Hard-working	Selfish	Talkative
Friendly	Easy-going	Quiet
Jealous	Joyful	Talented
Gifted	Smart	Stubborn
Kind	Sociable	Clever
Popular	Adventurous	Ambitious
Arrogant	Artistic	Bad-tempered
Bossy	Curious	Energetic
Frank	Helpful	Imaginative
Materialistic	Sensitive	Diplomatic



**Exercise 1: Match the job to the correct description:**

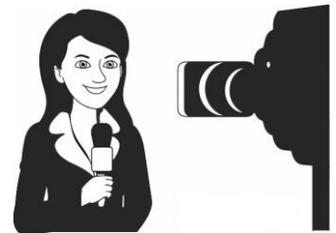
- | A                   | B                                                  |
|---------------------|----------------------------------------------------|
| 1. Police Officer   | a. Person who drives a bus                         |
| 2. Cook             | b. Person who teaches students                     |
| 3. Waiter           | c. Person who makes and designs clothes            |
| 4. Fashion designer | d. Works in a hospital and helps doctors           |
| 5. Pilot            | e. Works in a police station and keeps people safe |

- |               |                                                         |
|---------------|---------------------------------------------------------|
| 6. Bus driver | f. Flies an airplane                                    |
| 7. Nurse      | g. Does cooking in a restaurant                         |
| 8. Teacher    | h. Takes people's order in a restaurant and serves food |

**Exercise 2: Complete the sentences with words given in the box:**

Hire, quit, salary, cashier, musician, reporter, librarian, photographer, pilot, work experience

1. I work in a supermarket. When people want to buy something, they give me money. I am a \_\_\_\_\_.
2. I am looking for a job with a high \_\_\_\_\_. I want to make a lot of money.
3. I play a guitar. I am a \_\_\_\_\_.
4. I want to find a job but I don't have any \_\_\_\_\_. I have never worked before.
5. I love my job! I use my camera to take pictures of lots of interesting things. I am a \_\_\_\_\_.
6. You can see me when you watch news on television. I am a TV news \_\_\_\_\_.
7. I work in a library. I am a \_\_\_\_\_.
8. My company wants to \_\_\_\_\_ new workers.
9. I don't like my job. I want to \_\_\_\_\_.
10. I travel to many different countries for my job. I fly an airplane. I am a \_\_\_\_\_.



**Exercise 3: Let's describe people's appearances. Correctly spell the words in bold and write them in the blank provided. The first letter of each word is underlined:**

1. Do you have straight or (**yuçrl**) hair? \_\_\_\_\_
2. I am a (**ireynfdl**) person with lots of friends. \_\_\_\_\_
3. We have a (**ufnyn**) classmate who makes us laugh. \_\_\_\_\_
4. At what age do most of the people have (**rayg**) hair? \_\_\_\_\_
5. My brother is a smart and (**ntellijegnt**) person. \_\_\_\_\_
6. I have a friend who is (**zyal**). She hates to work. \_\_\_\_\_
7. I was a (**ughanyt**) child. I did not listen to my parents. \_\_\_\_\_
8. My cousin is a (**hys**) person. He does not like to meet new people. \_\_\_\_\_
9. My grandfather exercises regularly. He is very (**trongs**g). \_\_\_\_\_
10. Do you have any (**latl**) classmates? \_\_\_\_\_

**Exercise 4: Describing character. Complete the sentences with the words given in the box:**

kind, anxious, bad-tempered, creative, tidy, thoughtful,  
honest, stubborn, brave, cheerful

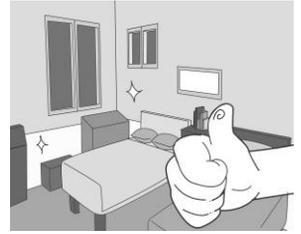


1. I am not afraid of danger. I am a \_\_\_\_\_ person.
2. I get angry a lot. I am a \_\_\_\_\_ person .
3. I am truthful. I don't cheat or steal. I am a/an \_\_\_\_\_ person.
4. I carefully think about other people and how to help them. I am a \_\_\_\_\_ person.
5. I have a lot of imagination and new ideas. I am a \_\_\_\_\_ person.

6. I always make people happy because I am pleasant and enjoyable. I am a \_\_\_\_\_ person.

7. I am very neat and well-organised. I am a \_\_\_\_\_ person.

8. I never change my mind or consider anyone else's reason's or arguments. I am a \_\_\_\_\_ person.



9. I worry far too much about things. I am a/an \_\_\_\_\_ person.

10. I always behave in a caring way towards people. I am a \_\_\_\_\_ person.

**Exercise 5: Complete the paragraph with the correct verbs:**

Hello! My name   (1)   Sameer. I   (2)   eleven years old. I   (3)   a student. I   (4)   brown eyes and brown hair. I   (5)   a red cap. My trousers   (6)   blue. I   (7)   white sneakers. My T-shirt   (8)   red and white. I   (9)   good at sports. My favourite sport   (10)   football. I   (11)   a good player.

- |                  |               |                 |
|------------------|---------------|-----------------|
| 1. a. is         | b. are        | c. was          |
| 2. a. are        | b. am         | c. will         |
| 3. a. are        | b. were       | c. am           |
| 4. a. has        | b. is         | c. have         |
| 5. a. has        | b. am wearing | c. is wearing   |
| 6. a. is         | b. are        | c. will         |
| 7. a. am wearing | b. is wearing | c. were wearing |
| 8. a. were       | b. is         | c. am           |
| 9. a. are        | b. am         | c. will         |
| 10. a. is        | b. were       | c. wasn't       |
| 11. a. are       | b. am         | c. will         |



Exercise 6: Find the words given below from the word puzzle:

T	O	B	Z	R	D	G	S	F	T	X	E	F	U	H
X	T	J	J	R	E	P	A	T	G	M	B	Q	B	W
V	Q	G	S	D	N	C	R	Q	U	B	O	S	S	B
H	N	B	B	R	T	P	O	P	K	D	G	O	X	Z
Y	F	Y	G	O	I	K	T	E	C	V	E	P	H	E
R	I	L	R	W	S	L	C	P	I	I	Y	N	Q	V
G	D	Y	M	K	T	Q	A	B	S	S	Q	H	T	P
T	U	J	R	E	W	G	T	V	I	O	X	F	Z	F
O	M	A	E	E	E	K	B	K	H	A	A	W	F	L
X	S	X	X	Z	M	A	G	H	I	I	J	A	P	U
E	C	I	F	F	O	R	R	C	R	F	T	U	S	H
B	D	X	C	V	M	C	A	N	E	S	B	O	B	P
E	O	A	Y	Q	B	D	B	F	I	V	L	R	C	A
R	T	U	N	N	I	Y	K	E	U	M	M	K	Y	Q
K	P	S	L	U	D	A	B	U	C	T	O	P	A	D

Actor

Boss

Dentist

Earn

Factory

Farmer

Hire

Office

Staff

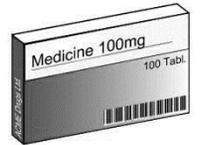
Student

**Std. 5 : Sports/Health/Exercise**

**Exercise 1: Complete the sentences with words given in the box:**

Bandage, disease, eyes, burn, medicine, collapsed, coughed, hot, nurses, operate

1. I feel too \_\_\_\_\_ today.
2. I caught a \_\_\_\_\_ when I was on a holiday.
3. My \_\_\_\_\_ really hurt if I use the computer too much.
4. The \_\_\_\_\_ in the hospital will look after you.
5. Take this \_\_\_\_\_ three times a day.
6. Try to stop the bleeding with a \_\_\_\_\_.
7. Be careful you don't \_\_\_\_\_ yourself on the hot oven.
8. I \_\_\_\_\_ all day because I had cold.
9. If she doesn't get better, the doctor will need to \_\_\_\_\_ her.
10. He \_\_\_\_\_ and died of a heart attack.



**Exercise 2: Look at the words given here and put them in the appropriate columns:**

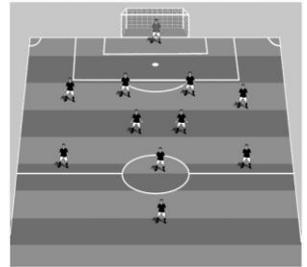
Venue	Team	Club	Racquet	Net
Wrestler	Players	Spectators	Helmet	Bat
Gymnast	Skater	Umpire	Referee	Ball
Olympian	Field	Ring	Pool	Court

People	Places	Equipment

**Exercise 3: Choose the correct answer for the following:**

1. You play football on a \_\_\_\_\_.

- a. course
- b. field
- c. ring



2. The person who controls a football match is \_\_\_\_\_.

- a. umpire
- b. referee
- c. none of the above



3. If you come second in a race, you are the \_\_\_\_\_.

- a. loser
- b. runner-up
- c. winner

4. You go ice-skating on a \_\_\_\_\_.

- a. ring
- b. rink
- c. course



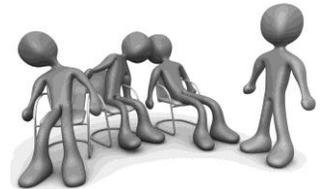
5. You hit the ball with a \_\_\_\_\_ in hockey.

- a. club
- b. stick
- c. bat



6. If you score more than the other team in a game, you \_\_\_\_\_ them.

- a. win
- b. beat
- c. lose



7. If you are successful, you \_\_\_\_\_ the match.

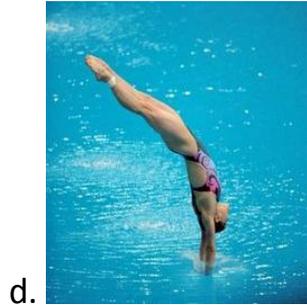
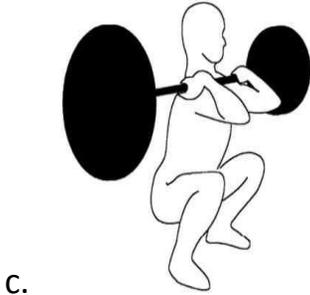
- a. win
- b. beat
- c. draw

8. If the score is 0-0, the game is a \_\_\_\_\_.

- a. Win
- b. Loss
- c. Draw



Exercise 4: Match the body movement pictures with the correct word.



1. Flex
2. Bend
3. Squat
4. Punch
5. Dive
6. Leap

**Std.6 : Communication / Technology / Movies / Television**

**Exercise 1: Unscramble the following words based on the clues provided:**

1. A performer in theatre, television or film.

**ROCAT** – \_\_\_\_\_

2. A series of moving pictures that tell a story.

**ILFM** – \_\_\_\_\_

3. Someone who finances and supervises the making of a show.

**ERDUOPCR** – \_\_\_\_\_

4. The person who determines the final content of a programme or a film.

**ITORED** – \_\_\_\_\_

5. Someone who creates new dances.

**HPREHCOROERAG** – \_\_\_\_\_

6. The first public performance of a play or a movie.

**RPEIEREM** – \_\_\_\_\_

7. A location or place used as a backdrop for a dramatic production.

**ETS** – \_\_\_\_\_

8. Place where movies or television shows are produced and recorded.

**UIDTSO** – \_\_\_\_\_

**Exercise 2: Complete the following paragraph with suitable words from the box:  
(A subtle hint is provided in the brackets)**

extras, cast, credits, special appearance, reviews, plot, trailer, lead roles, supporting roles

In a celebrity-obsessed world, actors are as famous as politicians. We like to see our favourite actors playing a character in films, whether these are in \_\_\_\_\_ **(1)** \_\_\_\_\_ (main roles), or \_\_\_\_\_ **(2)** \_\_\_\_\_ (not main roles). Every year, there are several award functions that give awards to lead actors and supporting actors but never to the \_\_\_\_\_ **(3)** \_\_\_\_\_ (the actors who play people in a crowd, often without a speaking part.) We like reading the film \_\_\_\_\_ **(4)** \_\_\_\_\_, firstly to see who's in the \_\_\_\_\_ **(5)** \_\_\_\_\_ (everyone who acted in the film) and if there's a \_\_\_\_\_ **(6)** \_\_\_\_\_ by a famous actor who's only in the film for a couple of minutes. We'll also read film \_\_\_\_\_ **(7)** \_\_\_\_\_ to find out more about the \_\_\_\_\_ **(8)** \_\_\_\_\_ (or storyline) and how good the lighting, cinematography or costumes are. We might even watch a \_\_\_\_\_ **(9)** \_\_\_\_\_ (short extract from the film) to see the special effects.

**Exercise 3: How well-versed are you with technology? Fill in the blanks with the correct word from the box:**

device	up-to-date	user-friendly
innovations	invented	access
communication	connecting	advanced

1. Given the ongoing boom in technology, almost everyone has \_\_\_\_\_ to the internet.
2. I often have problems \_\_\_\_\_ to the internet.
3. Email and Social Networking websites have made \_\_\_\_\_, especially abroad, much simpler and faster.
4. It is important to have some kind of communication \_\_\_\_\_ such as a mobile phone or internet.
5. Smart phones are one of the best \_\_\_\_\_ in computer technology.
6. Many useful devices have been \_\_\_\_\_ over the last few decades.
7. Today teenagers are aware of the importance of having the most \_\_\_\_\_ technology.
8. Modern mobile phones or smart phones are very \_\_\_\_\_. Even elderly people find them easy to use.
9. Countries all over the world are now seeking all kinds of \_\_\_\_\_ technology

**Exercise 4: Guess the correct word for each clue. Then find the word in the word puzzle below:**

1. An electronic machine. You use it for going on the internet, store data, play games, and make presentations:

\_\_\_\_\_

2. An electronic letter:

\_\_\_\_\_

3. You can play this on the computer for fun:

\_\_\_\_\_

4. You use this to type on the computer. It has letters or characters:

\_\_\_\_\_

5. You travel with this computer:

\_\_\_\_\_

6. You visit these by typing on the address bar of the page to access information:

\_\_\_\_\_

7. You carry this phone wherever you go:

\_\_\_\_\_

8. This device provides an internet connection without wires or cables:

\_\_\_\_\_

**Std. 7 : Sports/Health/Exercise**

**Exercise 1: What's your Fitness Mantra? Match the words on the left to their meanings on the right:**

<b>Word</b>	<b>Meaning</b>
1. Abs	a. Stretching exercise you do at the beginning of your work out.
2. Shed	b. You are not young anymore but still strong and wise.
3. Warm ups	c. A short word for abdomen.
4. Cool down	d. To get rid of fat.
5. Wear yourself out	e. Tools you need for your exercise.
6. Fit as a fiddle	f. Stretches you do at the end of your work out.
7. New lease of life	g. A person who is unfit.
8. Prime of life	h. You have exercised so hard that you are exhausted.
9. Gear	i. You were feeling sick but now you are feeling much better.
10. In bad shape	j. You are really in good health.

**Exercise 2: Choose the correct option to complete the sentences given below:**

1. He used to \_\_\_\_\_ jogging every day when he was at university.
  - a. do
  - b. go
  - c. get going

2. I love \_\_\_\_\_ a good game of chess from time to time.
  - a. play
  - b. playing
  - c. for playing
  
3. She \_\_\_\_\_ gymnastics for over five years now.
  - a. is doing
  - b. has been doing
  - c. was doing
  
4. This summer we \_\_\_\_\_ windsurfing every day on our vacation.
  - a. are going
  - b. are going to go
  - c. had been going
  
5. He's quite the athlete. He \_\_\_\_\_ basketball, baseball and hockey, too.
  - a. would play
  - b. is into playing
  - c. plays
  
6. My wife \_\_\_\_\_ horse riding twice a week.
  - a. does
  - b. goes
  - c. is going

7. Why don't we \_\_\_\_\_ a set of tennis?
- a. play
  - b. do
  - c. get
8. Some people think that \_\_\_\_\_ aerobics four times a week is the best possible way of keeping fit.
- a. going
  - b. doing
  - c. getting
9. His idea of the perfect summer holiday is to rent a sailboat and \_\_\_\_\_ sailing between the islands of the Tuscan archipelago.
- a. go
  - b. going
  - c. do
10. He \_\_\_\_\_ gymnastics for his local track club.
- a. does
  - b. goes
  - c. is going

**Exercise 3: Match the words on the left to the words on the right:**

**A**

1. Football
2. Tennis
3. Chess
4. Swimming
5. Horse Racing
6. Ice Hockey
7. Boxing
8. Golf

**B**

- a. Rink
- b. Board
- c. Ring
- d. Field
- e. Course
- f. Court
- g. Pool
- h. Track

**Exercise 4: Are you as fit as a fiddle? Let's find out! Unscramble the words to find the correct word:**

1. A **URES N** takes care of you when you have a small injury or feel sick.

\_\_\_\_\_

2. You put a **LSERTPA** on a cut to keep it clean.

\_\_\_\_\_

3. You take **EDICNEMI** to feel better when you are sick.

\_\_\_\_\_

4. A vehicle that takes you to the hospital quickly is called an **UNBMALEC**.

\_\_\_\_\_

5. A **HECIMST** sells or gives you medicine.

\_\_\_\_\_

6. An **EJCIOTNN** is when a nurse puts medicine and a needle into your skin.

\_\_\_\_\_

7. A **ENSITDT** checks your teeth.

\_\_\_\_\_

8. You go to the **OHSATLIP** when you feel sick or have an injury.

\_\_\_\_\_

9. A **COTRDO** operates on you when you are very sick.

\_\_\_\_\_

10. You wrap a **NDAEGAB** around a sore muscle or sprained ankle.

\_\_\_\_\_

**Exercise 5: Column A has sports action words and Column B has their meanings. Match the action words to the meanings:**

**A. Word**

**B. Meaning**

1. Pass

a. A hit or kick of a ball, especially one with which you score a goal or a point.

2. Strike

b. Shout in praise and encouragement.

3. Hit

c. A kick, hit, or throw of the ball to another player in your sports team.

4. Tie

d. A hit of a ball that starts the play in a game such as tennis.

5. Serve                    e. The action of moving the ball by kicking or bouncing it several times in games such as football and basketball.
6. Dribble                f. To finish a competition with identical or inconclusive results.
7. Finish line            g. An occasion when a player hits the ball in a game.
8. Throw                 h. To cross the line at the end of the race.
9. Cheer                 i. The action of throwing something such as a ball.



**Std. 8 : Education / Health**

**Exercise 1: Rearrange the words to make complete sentences:**

1. the / for / is / known / academic / school / excellence
2. is / accommodation / there / for / campus / students / five / hundred / on
3. an / Maths / is / important / curriculum / school / part / of / the
4. she / of / degree / has / a / in / Physics / from / the / London School of Economics
5. studying / I / am / and / Economics / work / I / want / to / bank / in / a
6. Aditi / University / studied / engineering / at / Civil / Virginia
7. graduated / Raina / has / just / university / from
8. went / lecture / we / to / a / on / art / Italian
9. is / she / wants / studying / medicine / and / she / to / be / a / doctor
10. primary / my / daughter / and / at / is / seven / she / is / school

**Exercise 2: Complete the sentences with the correct word from the box:**

learning disabilities, truant, assessing, degree, dropped out, illiterate, revise, curriculum, graduated, scholarship

1. An \_\_\_\_\_ person is unable to read and write.
2. A \_\_\_\_\_ comprises all the courses offered by an educational institution.
3. Usually, students with \_\_\_\_\_ are taught general skills in separate classes.
4. It is always a good idea to \_\_\_\_\_ your English tenses once in a while.
5. He was expelled from school for playing \_\_\_\_\_.

6. He \_\_\_\_\_ of school during his exams on account of personal and financial problems.
7. She \_\_\_\_\_ from university after studying for four years.
8. He left university with a \_\_\_\_\_ in law.
9. He can't afford university, but he hopes to win a \_\_\_\_\_ in order to study medicine.
10. \_\_\_\_\_ papers is one of the main obligations of a teacher.

**Exercise 3: Read the following passage and do as directed:**

Recent research shows that we can improve our health with regular exercise, even if we are usually couch potatoes or work in a sedentary job.

Regular moderate activity has many physical and psychological benefits. Firstly, exercise reduces blood pressure and decreases the risk of heart disease. Secondly, it also minimizes the chance of getting several types of cancer. Thirdly, it decreases the risk of elderly people falling and injuring themselves. On the psychological side, regular moderate activity can help with depression and anxiety.

Exercise is particularly beneficial to people who already have risk factors for heart disease. People who smoke, or have high cholesterol or high blood pressure are more likely to die early. However, if these people take up regular exercise and become fit they can substantially reduce their chances of premature death.

The good news is that you can accumulate your exercise. You can exercise bit by bit, 10 mins at a time, as long as you do about half an hour of moderate exercise a day.

Some ideas for increasing your physical activity are:

- Take the stairs instead of the lift.
- Park your car further away from where you're going and walk.
- Do some active gardening.
- Walk to the local grocery store instead of driving.

So make a move. Even a little exercise can help to decrease your risk of major illness. You don't have to be an Olympic athlete to be healthy.

**Match the words/phrases used in the above passage with their meanings:**

<b>Words/Phrases</b>	<b>Meaning</b>
1. Regular moderate activity	a. Apprehension or nervousness
2. Premature death	b. A person who takes little or no exercise and watches a lot of television
3. Substantially reduce	c. Dying early
4. Accumulate your exercise	d. Medium intensity exercise on most days
5. Couch potato	e. Deskbound
6. Anxiety	f. Do your exercise bit by bit
7. Sedentary	g. Do a lot to decrease

**Exercise 4: Many expressions in English language contain health words but their meanings sometimes have no relationship to health.**

**Match the following expressions/idioms to their meanings:**

<b>Expressions/Idioms</b>	<b>Meanings</b>
1. As fit as a fiddle	a. To have a high body temperature
2. Coming down with something	b. Not feeling well
3. Feeling a bit off colour	c. Exactly what is needed or wanted
4. My back is killing me	d. In good health
5. A taste of his own medicine	e. A very bad headache
6. Just what the doctor ordered	f. My back is very painful
7. Sick and tired	g. Something difficult and unpleasant to experience
8. A bitter pill to swallow	h. Becoming sick
9. Splitting headache	i. The same treatment that he gives to others is given to him
10. Run a fever	j. Very annoyed

**Exercise 5: Fill in the blanks with the correct word from the box below:**

peers, inquisitive, Theory, procrastinate, analysed, distance learning, visual, research, qualifications, evaluated

1. I am thinking of doing a degree by \_\_\_\_\_ next year.
  2. When I have a lot of revision to do, I always \_\_\_\_\_.
  3. The scientist \_\_\_\_\_ the raw data before making a conclusion.
  4. Before making a decision, I \_\_\_\_\_ all the options.
  5. His essay discussed the \_\_\_\_\_ of Relativity.
  6. Some learners prefer to learn through \_\_\_\_\_ information, rather than words.
  7. She did a lot of \_\_\_\_\_ before writing her essay.
  8. She didn't have enough \_\_\_\_\_ to get a job.
  9. Students were under a lot of pressure to be liked by their \_\_\_\_\_.
- She was a very \_\_\_\_\_ student, always doing extra work and research after class.
- 
-

**Std. 9 : Food / Drink / Leisure**

**Exercise 1: Choose the word/phrase that best completes each sentence:**

wined and dined	follow recipes	bolted down
home-cooked food	eating like a horse	shoveled
mouth water	processed food	sweet tooth
balanced diet		

1. They \_\_\_\_\_ in one of the most luxurious restaurants in Delhi after marriage.
2. He was so hungry that he \_\_\_\_\_ the food into his mouth.
3. In order to lose weight, we should try to eat a \_\_\_\_\_ with less sugar intake.
4. \_\_\_\_\_ in a party may be considered to be extremely impolite.
5. I am really afraid of gaining weight quickly and contracting diabetes because I have a \_\_\_\_\_.
6. Although \_\_\_\_\_ food is usually not as delicious as the one served in restaurants, it is much more beneficial to your health.
7. Burgers at Mac Donald's make my \_\_\_\_\_ every time I walk into an outlet.
8. \_\_\_\_\_ is very convenient for those who are busy all day long, but eating it frequently may be very harmful to our health.
9. My son \_\_\_\_\_ his lunch and went out with his friends.
10. There are many blogs which give readers hundreds of quick lessons in how to \_\_\_\_\_ to make any dish great.

**Exercise 2: Match the phrases on the left with their definitions on the right:**

Phrases	Definitions
1. To be full up	a. To eat a lot.
2. To be starving hungry	b. To eat something that will stop you feeling hungry when it's meal-time.
3. To bolt something down	c. To eat to the point that you can no longer eat any more.
4. To eat like a horse	d. To make you feel very hungry for something.
5. To foot the bill	e. To eat something very quickly.
6. To make your mouth water	f. To do physical work that leads to you becoming hungry.
7. To have a sweet tooth	g. To pay the bill.
8. To spoil your appetite	h. To enjoy sugary food.
9. To work up an appetite	i. An exaggerated way of saying you are very hungry.

**Exercise 3: Complete the paragraph with suitable phrases from the box:**

wine and dine, sweet tooth, main meal, foot the bill, full up, mouth water, across the corner

There's a nice restaurant just       (1)       from where I live. It's an Italian restaurant so you can expect to eat various pasta dishes and pizzas. I usually go there with my family for a large meal when we have something to celebrate. It's quite a posh restaurant. It's the kind of place you would take someone if you wanted to       (2)       them. We usually order a 3-course meal which includes a light starter

followed by the     (3)     and I have quite a     (4)     so I always look forward to the dessert. I generally order Tiramisu. It makes my     (5)     even when I think about it. I am always totally     (6)     by the end of the meal. It's not a cheap restaurant however my parents always     (7)     so it's always a nice treat.

**Exercise 4: Complete the sentences with a suitable phrase/word from the box:**

love	like to	keen on
fascinated by	pleasure from	walking around
Interests	really into	dream about
quite interested		

1. I really enjoy \_\_\_\_\_ cities.
2. I get a lot of \_\_\_\_\_ playing cricket.
3. One of my \_\_\_\_\_ is web design.
4. I am \_\_\_\_\_ in fashion design.
5. I am \_\_\_\_\_ the idea of online marketing.
6. I am very \_\_\_\_\_ correct pronunciation of words.
7. At the moment, I am \_\_\_\_\_ the history of art.
8. I'd \_\_\_\_\_ learn to play tennis a lot better.
9. I \_\_\_\_\_ playing cricket for India one day.
10. I absolutely \_\_\_\_\_ Chinese food.

**Exercise 5: Read the passage given below and make a list of leisure activities:**

Leisure is the spare time when one has nothing specific to do, no work to occupy his/her time and, hence, one is not in a hurry.

Leisure is important for every person. It gives him the respite from the monotony and drudgery of routine duties that occupy the greater part of our time. There is not even one among us who does not feel relaxed and happy on Sundays and holidays. When there is no compulsion, we are freer and less reluctant to use our time in accordance with our inclinations.

There are people who would like to idle away their time on holidays, for they find their leisure too short to be spent on anything more meaningful than yawning, dozing, enjoying siesta, gossiping and playing cards. This way they get only more bored and when they get back to their work they are anything but refreshed. There are still others who retire into a solitary nook and mope about brooding on their frustrating experiences or on the monotony of their routine work. This too is not the right way of using the leisure, for its aim is not to become willing prey to boredom. The importance of leisure lies in overcoming the sickening influences of boredom.

Often the students are found revising their lessons, the others looking through their office files at their leisure, for they think they should utilize their free time. They don't understand the importance of leisure. It's a pity they do not know what to do with their leisure. You should recharge yourself during the leisure time.

In leisure time, we can think of going sight-seeing in the countryside. We should understand the importance of listening to the birds' songs and lying down in the green field.

If it is difficult to find the patch of green where we can lie down under the caressing, cool shades of trees in our neighbourhood, we can spend our day with the family and friends. We can even look beyond our cramped existence and organize community programs for amusements and entertainments.

**List of leisure activities:**